



# *Pupils' Insight Portfolio*



*Literature – a Framework for Social and Emotional Learning*  
**KA 229**

## Objectives:

- to work on students' self-awareness and self-esteem.
- to encourage sympathy and foster listening to others, noticing and respecting their differences.
- to get insights of human behaviours
- to identify strengths and weaknesses and develop resilience and commitment

In the first part, the pupils involved in the project drew the profile of their faces with aspects about themselves or choose a photo/drawing and then send them to their partner colleagues.

The pupils comment the works, record, send them back to the authors who read the conclusions.

Teenagers expressed their feelings and showed respect to their European counterparts' feelings and thoughts. Tolerance and understanding were worked on.

The second part of the *Pupils' Insight Portfolio – Self-Awareness: Resilience* – is dedicated to a literary genre: Biography (writers, historians, scientists etc.) Pupils from the partner schools read and learnt about the biographies of famous personalities in different domains.

They debated individual accomplishments, frustrations, different states of mind, learnt how to cope with stress, pressure, disappointments from their role model.

We present here the most interesting comments and feelings

The selection is in the order of the countries: Romania, Portugal, Spain, Italy and Greece.

1.

Hello,  
I am Mihai Popescu

This is the way I see myself.

What do you think about me? What kind of person do you think I am?



Wow!!! As far as I see, you are a strong guy.  
If this image is what represents you, I believe  
that you are a boy you can count on because  
you have the power to protect other people -  
family, friends etc.

I believe you are a patient person who  
can cope with the difficulties of life.

I think you are one of those who understand  
people and their needs and can help those  
in need. Congrats!!!

Julian Costache

Hi!

I found this picture on internet and I indicated the person I think I am. It is representative for me.

What do you think? You know me from the classroom. We are colleagues started with 2019.

Emilia Georgescu



Yes, Emilia, you are right. You are that kind of person. As far as I know you, all our colleagues can say that you are a real support for them. You help those who ask for help.

But I must tell you that you should pay attention to your needs, too. Sometimes you try to help everybody but you spend little time for your own person.

Stefania Dumitrescu

Hello, friends,

I am Ana Rosca,

I believe that the picture below represents me. I think I am a good person.



Hello, Ana,

This picture represents, in my opinion, not only a good person as you say you are, but also it represents HOPE. A flower that springs from a dry land means hope for life. Hope is stronger than fear.

So, I believe you are a strong person and an optimistic one who fights for a better life.

Miruna Stoican



Hi!

My name is George Dumitru.

I really do not know if this picture represents me but I have a feeling about it.



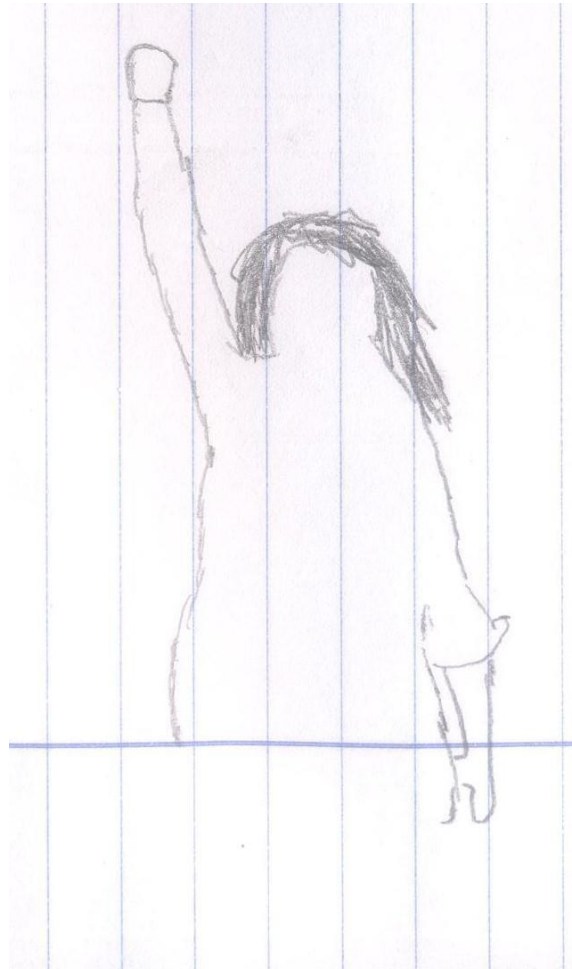
George, I believe that you need help. This is a position of a man who seems to be sad and who does not know how to ask for help. This man is thinking about his life and about his misfortunes.

I do not know if this is what you feel. Anyway, I am an optimistic boy and I say that this picture shows us a man who is just resting a little bit.

You can count on me if you need something.

Eduard Nicolae

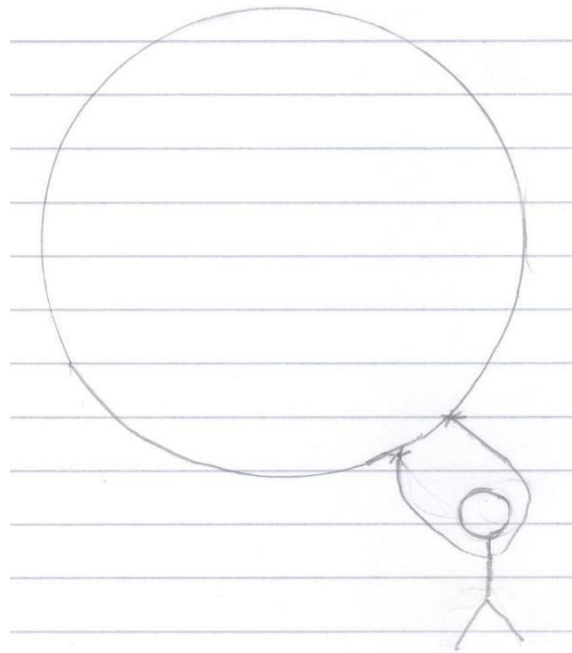
Hello I am Liliana Costa, 11th E  
This is how I see myself.  
What do you think about me?



Hi  
You are someone who really wants to stand up for your rights.  
You also want to be free and spread freedom.  
You seem to be confident, responsible and able to be a leader.  
I wish you all the best.

Duarte Pereira  
11th E

Hello  
I am Bianca Garcia, 11th E  
This is how I see myself.  
What do you think about me?

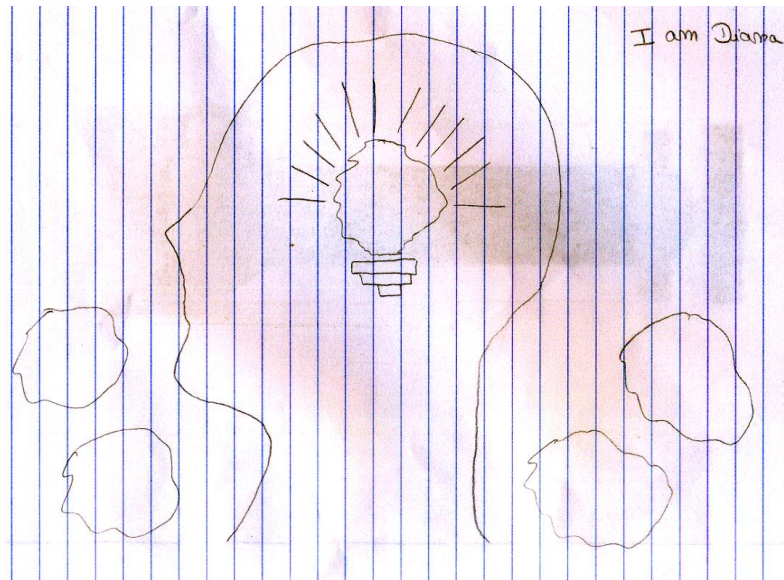


I think you are strong, not sensitive. But you have a lot on your shoulders. It seems you've been through a lot in your life and you are still trying not to show your weakness. I believe that you are resilient and you will fight for your rights no matter what.

Érica Botelho  
11th E



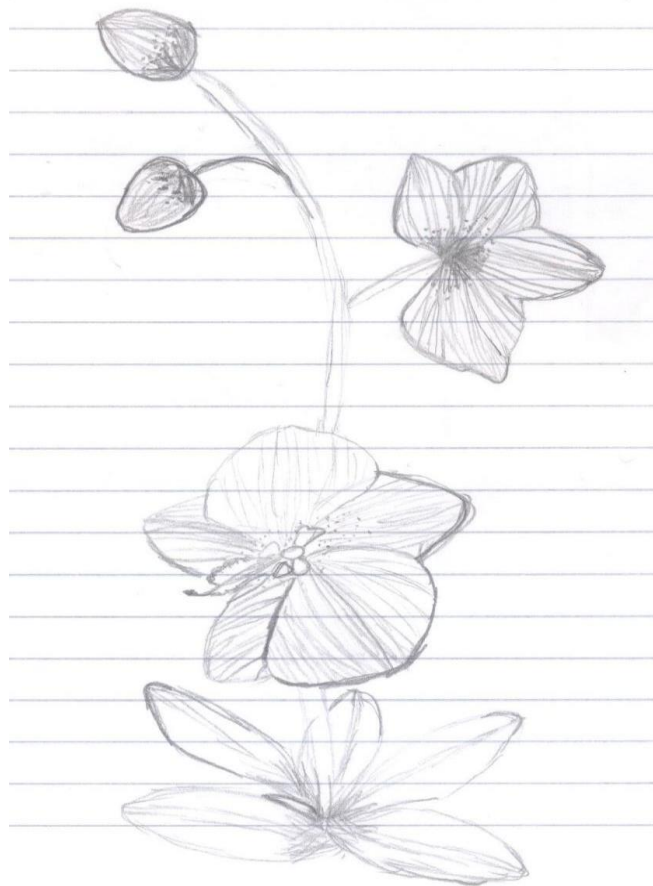
Hello I am Diana Pereira, 11th E  
This is how I see myself.  
What do you think about me?



I think you are an organised and very creative person.  
You have lots of ideas and the world needs people like you to make a real change.  
I also think you want to make a difference in your community, bringing new ideas to several organisations and associations. Innovation is needed in our world. So, congrats!

Jéssica Silva  
11th E

Hello I am Luana Oliveira, 11th E  
This is how I see myself.  
What do you think about me?



I think you are a very sensitive person, caring about everyone and Nature as well.  
You are a friendly person and with a good heart.  
Everything you do is to make everyone feel happy and fulfilled.  
Through your drawing, I can tell you have a good perspective of life!

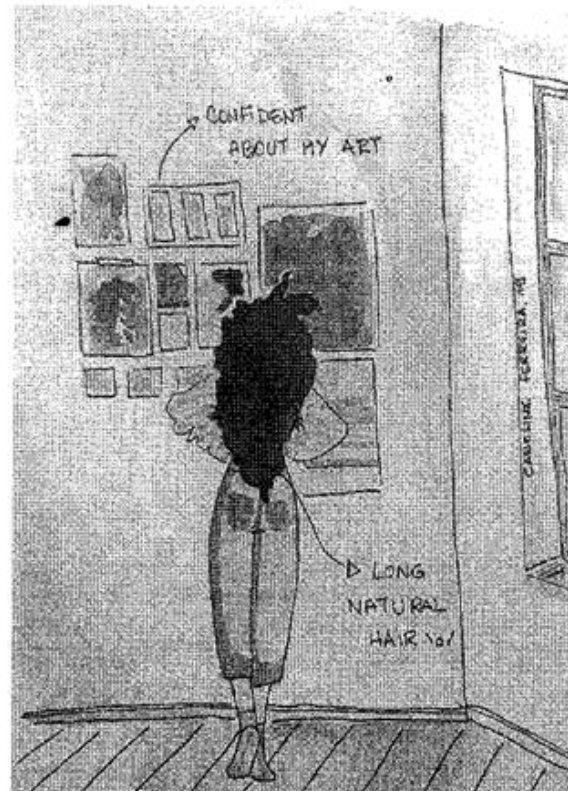
Bianca Garcia  
11th E

Hello,  
I am ... María ....., grade ... 4º A .....

This is the way I see myself. (The student shows the other one his / her picture of his profile)

What do you think about me? What kind of person do you think I am?

... María is cheerful, she can do  
anything that she want but she  
must to make an effort because  
she normally don't believe in self.  
When she will be adult I'm sure  
that she will work ~~about~~ as  
doctor.



Hello,

I am Nari Carmen, grade 4<sup>th</sup> ESO

This is the way I see myself. (The student shows the other one his / her picture of his profile)

What do you think about me? What kind of person do you think I am?

Nari Carmen is a wonderful girl. She loves science, so, maybe she work in something to do with science or health. In addition, she will achieve all of her goals ~~not~~ simply because she's a hard worker.

In her future she would have a beautiful child since she's really pretty, she will have a big house as well.



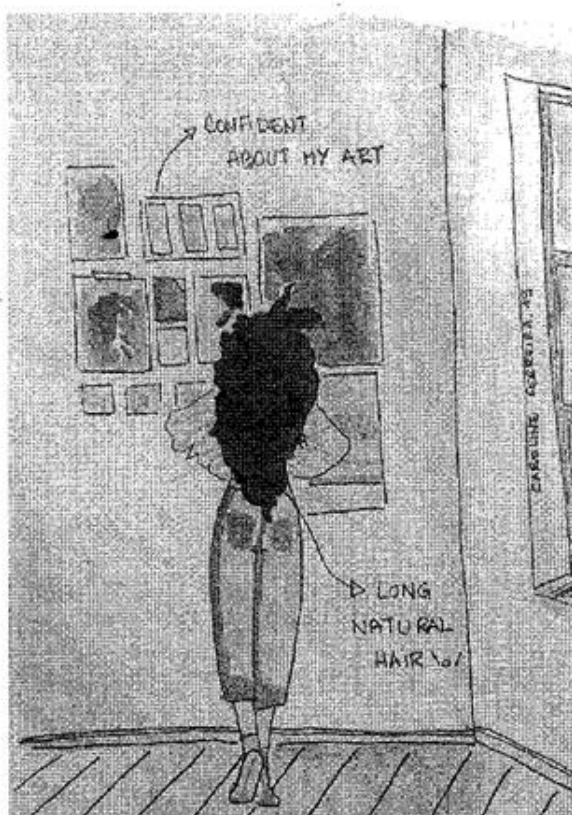
Hello,

I am .....Miguel....., grade .....4ºESO-A.....

This is the way I see myself. (The student shows the other one his / her picture of his profile)

What do you think about me? What kind of person do you think I am?

I think that Miguel is a  
clever person. He is very sociable  
and he has a lot of friends.  
He will be a good hunter  
and a good biologist.  
He is good at math and  
biology. Is a good friend  
and he like help.



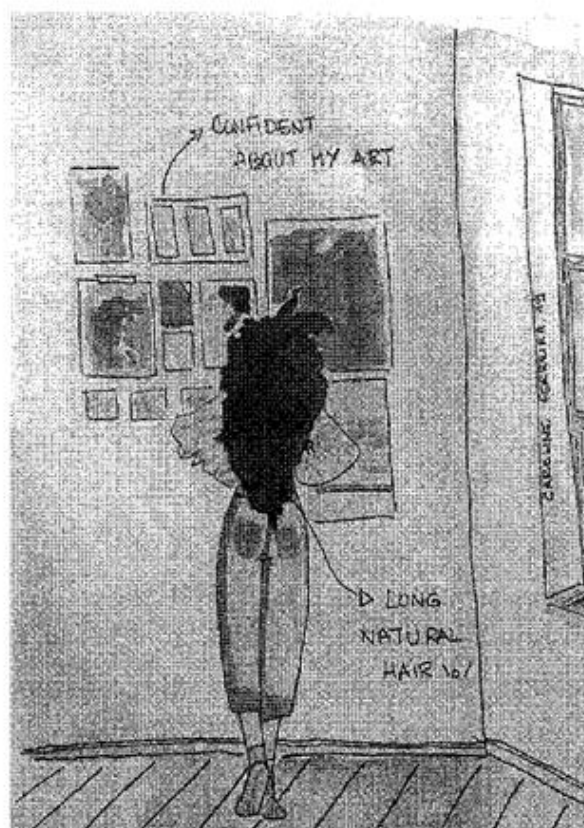
Hello,

I am Laura, grade 4<sup>th</sup>ESO / CSE

This is the way I see myself. (The student shows the other one his / her picture of his profile)

What do you think about me? What kind of person do you think I am?

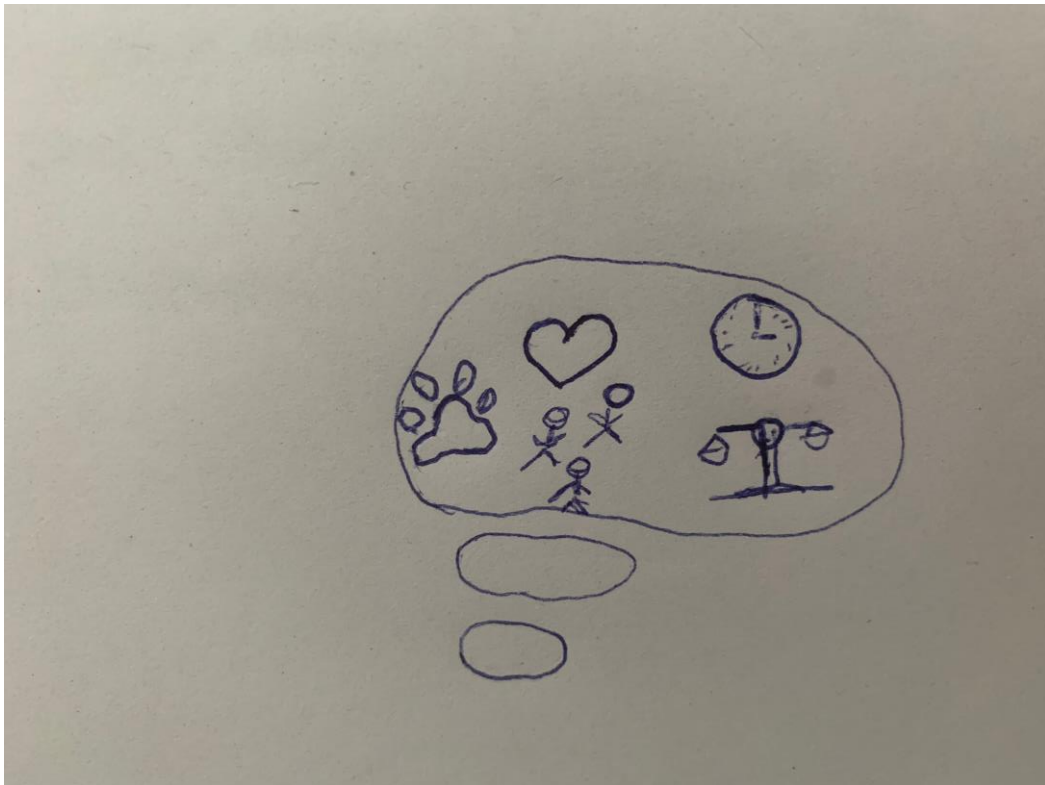
She is a sincere person.  
She is always pretty,  
even, she is wearing a pijama.  
Laura is very intelligent,  
so she hasn't got problems  
to pass the CSE.  
She will study biochemistry  
in order to work in a  
laboratory.





Hello,

I am Maria Boukouvala, 2nd Grade of Esperino Lyceum.  
This is how I see myself.  
What do you think about me?



Dear Maria

You are someone who wants to be balanced and thinks before taking decisions

You also seem to be organized and responsible.

I believe that you enjoy spending time with your friends and you also love animals.

I wish you all your dreams to become true.

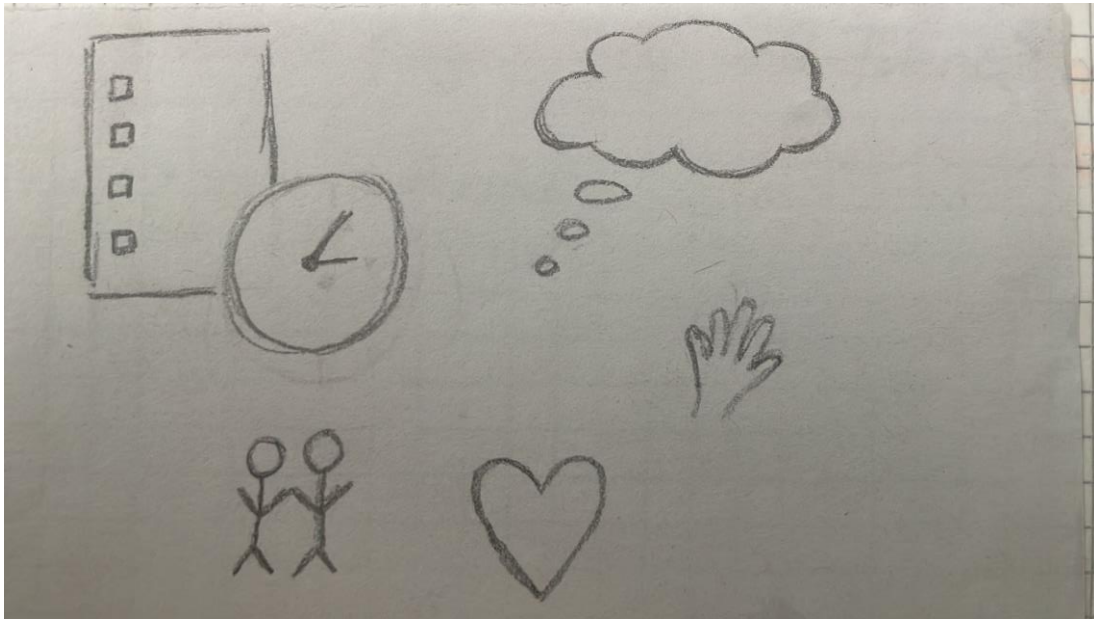
Georgia Mandraki, 2<sup>nd</sup> Grade  
Esperino High School.

Hello,

I am Dimitra Kaskani, 2<sup>nd</sup> Grade of Esperino High School.

This is how I see myself.

What do you think about me?



Dear Dimitra,

You are someone who wants to be organized and help others.

You also want to be a good mother for your children.

You seem to be helpful, responsible and eager to give love while being a capable leader.

I wish you all the best.

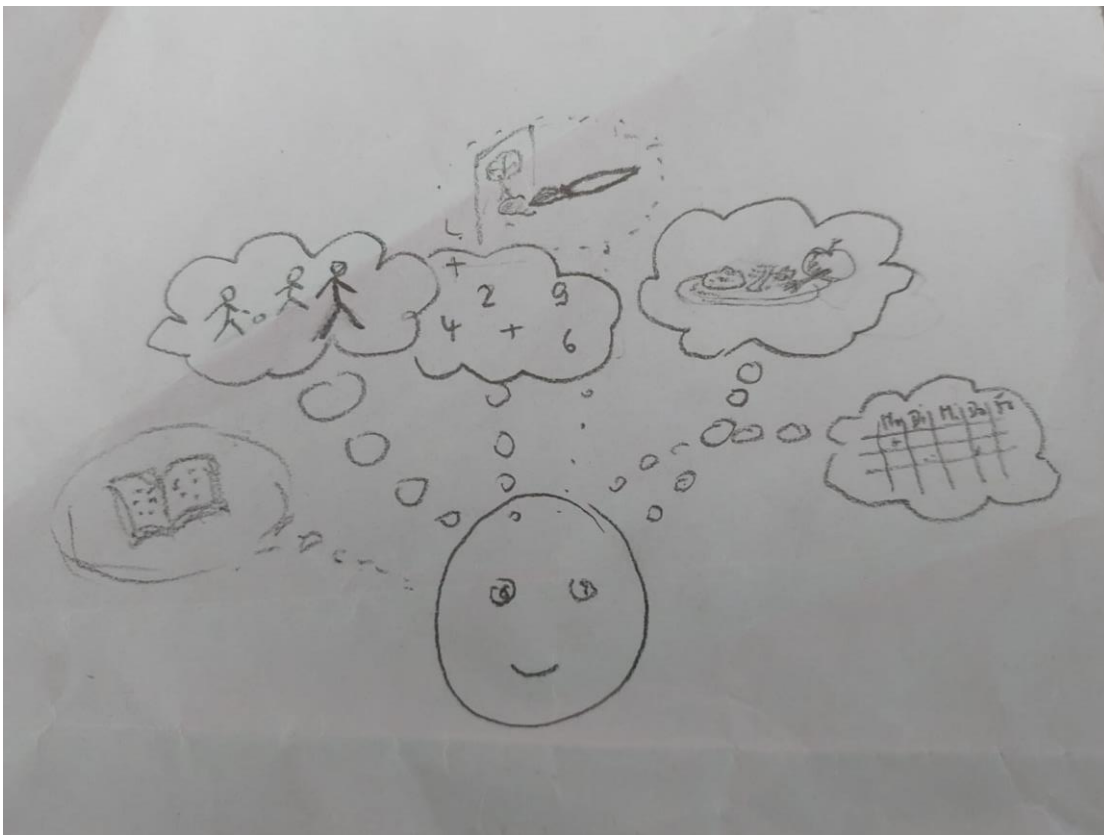
Panagiota Tsiliki, 3rd grade  
Esperino Lyceum.

Hello,

I am Eleni Papagianni, 1<sup>st</sup> Grade of Esperino High School.

This is how I see myself.

What do you think about me?



Hi Eleni,

You look like a person who has a lot of interests and responsibilities.

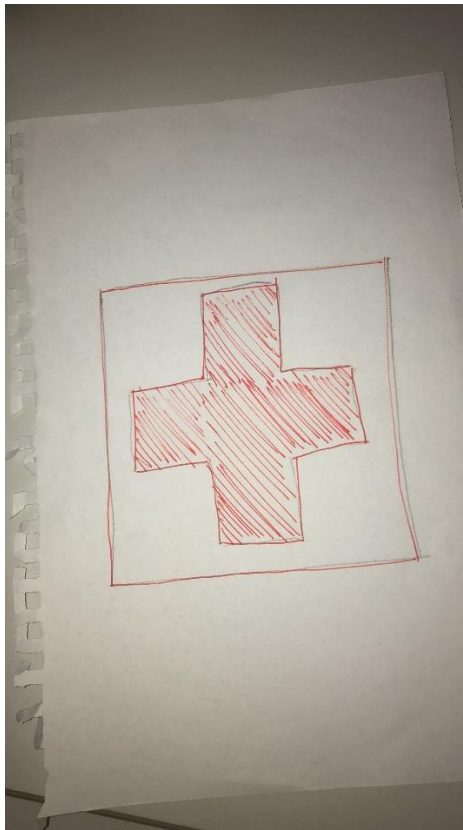
I think that you are a very strong character who likes to take care of others as well.

I wish you can achieve your aims.

Georgia Mplekou, 1<sup>st</sup> Grade  
Esperino Lyceum.

Hello,

I am Dimitris Mplagmenos, 3<sup>rd</sup> Grade of Esperino High School.  
This is how I see myself.  
What do you think about me?



Hi Dimitris,  
I see that you represent yourself with the RED CROSS.  
This means that you are willing to help people. You are a good friend, a kind person and  
Also a generous one. I believe that you are resilient, too.  
I hope you have the strength to always offer people your help and love.

Vasilis Aggelousis, 3<sup>rd</sup> Grade  
Esperino Lyceum.

## 2.

This is second part of **Pupils' Insight Portfolio** with the title **Self-Awareness: Resilience**

All partners participate in this activity following the objectives:

- to get insights of human behaviours
- to identify strengths and weaknesses and develop resilience and commitment

This activity is dedicated to a literary genre: Biography (writers, historians, scientists etc.)

Pupils from the partner schools read and learnt about the biographies of famous personalities in different domains.

They debated individual accomplishments, frustrations, different states of mind, learnt how to cope with stress, pressure, disappointments from their role model. They completed *Pupils' Insight Portfolio*, a form in which pupils wrote about their thoughts, even including visual representations, motivational quotes about resilience.

The best portfolios chosen during a contest was published on the project website and eTwinning platform after a process of selection realized by teams.

Results: This activity made them self-aware and cultivate practices of resilience.

Title of the book and the name of the author:

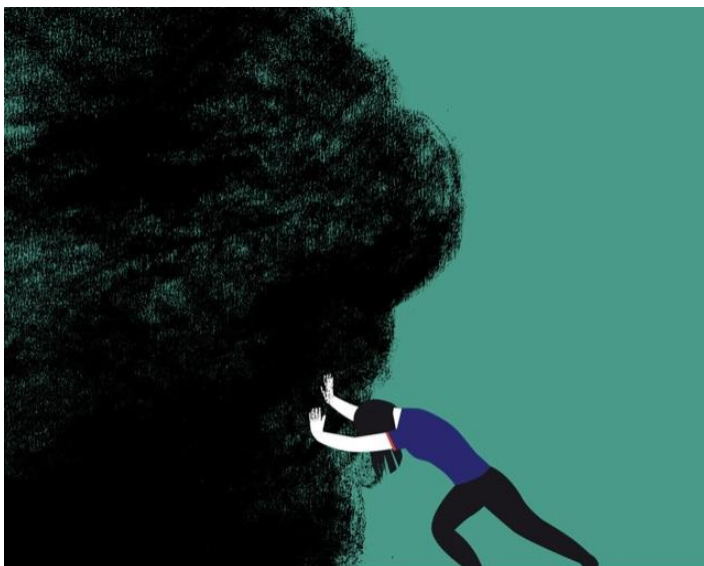
**SUNGJU LEE – “EVERY FALLING STAR”, MEMOIR**

## **Resilience**

### 1. What I have learnt.

Life for Lee was like a test. He learned that he should never give up no matter what awaits for him. Even if the close people leave when it is difficult for you, they will always come back.

### 2. My concept of Resilience



### 3. How I cope with stress

When I'm stressed I prefer to do nothing. Sometimes I listen to music or sleep because that's how I can cope with stress.

### 4. A positive thought.

I think better days will come. Everything should have a good ending and if doesn't, it means that this is not the end.

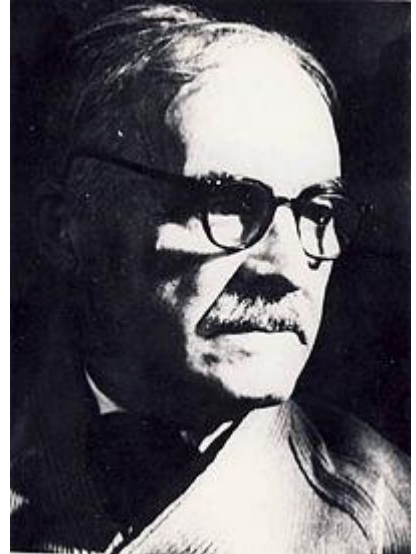
Tudor Felicia



## **Writer: Tudor Arghezi (1880-1967)**

A few words about his life and work

Tudor Arghezi was a Romanian writer known for his contribution to the development of Romanian writing culture. He was born as can be seen earlier in 1880 in Bucharest, his real name being Ion Nae Theodorescu, son of Nae Theodorescu and of Maria Theodorescu. By the time he was seven years he attended the primary school "Petrașche Poenaru" under the guidance of Nicolae Abramescu. Because of his familial situation Arghezi was forced to start making money by himself through meditating. Despite the hardships he had to encounter during his journey he managed to attend the "Dimitrie Cantemir" middle school and then the "Sfântul Sava" high school in Bucharest.



1896 is the year that signals his apparition in the world of writing, as he published in a newspaper his poem entitled "Tatal Meu". Alexandru Macedonski's cenacle would make him meet Grigore Pisculescu, which would remain one of Tudor's close friends. In-between 1897 and 1899 he will publish verses and poems in prose of "Revista Moderna" and "Viata Noua" which he first signs with the pen name Ion Th. Arghezi.

He interrupts his studies to get himself a job, which he actually got through a chemistry exam as a tester at a sugar factory. In 1905 he had started a couple travels in the other countries, because on 30 January his first wife had been born by Constanta Zissu which had to hide her maternity, and had left her son with a nanny. This made Arghezi travel to Paris from where he transitioned to Fribourg where he had written poems and had participated to Fribourg University's lectures. He then moved to Geneva where he also had written poems, and has taken employment to a jeweller's workshop.

For me Tudor Arghezi's life is very inspirational because he had to take care of himself since he was just a little child, and managed to survive until he became a very known man which had a lot of contribution to his country.

I personally consider his life as an example for myself because he did what he wanted the most to do in life and succeeded, which tells me that everything is possible not only through talent and other factors but also through hard work, motivation and the power of not giving up when the universe tries taking you down.

Alexandru Brenciu

**Poet: Ana Blandiana.**

A few words about her work and life

Ana Blandiana is the pseudonym of the poet, prose writer and translator Otilia Valeria Coman. Ana Blandiana was born as the daughter of the Orthodox priest George Coman. His childhood was based on a beautiful experience, until the establishment of communism.

I believe that Otilia had the power from the age of 17 to understand that life is unjust, as she came to be judged for the fact that her father was unjustly imprisoned (but also she had her mother by her side). Due to this fact, she took the pseudonym of Ana Blandiana to be able to publish poems. After the publication of two poems, her real name was found, so she could not publish anything for four years.

It was a hard time because she couldn't do what makes her happy, and the thought that her father is in prison is an even worse mess. I admire her because she didn't give up even when life didn't seem to be on her side, she worked, she learned and she managed to balance reason and devotion.

For four years she tried to enter the faculty of philology, but her application was rejected. Although she could easily give up, she didn't.

Her husband supported her and was with her from the age of 18. Unfortunately, her father died immediately after he was released from prison.

In addition to all these difficulties, Ana always wanted to live in the village, she herself stated this in an interview: "All my life as a writer I envied my colleagues who were born in the country, because I they seemed to have deeper, truer roots. "

Another dream came true.

In relation to me, I consider that she has the greater power to overcome the difficult moments, and I think that we resemble by the simple fact that nobody and nothing can stop us.

Therefore, Ana lived in a difficult social environment, worked on the site to be able to go to college and finally managed to achieve her goals.

Through her works she contributed to the development of literature, her poems being found in school textbooks, and being recognized as a poet with an important place in her field.

Luciana Trocaru

### **Poet: Mihai Eminescu (1850-1889)**

A few words about his life

For me, Mihai Eminescu is more than my favourite writer, but he is a role model. He is still a phenomenon today that proves Romanian geniuses remain endless enigmas.

He had a no-so-easy childhood spent in the poor village of Ipotești. With many brothers much older than him, Eminovici by his real name, immersed himself in the huts of his neighbour's, or in the sheepfold, roaming the woods with a book in one hand and two pretzels in the other hand, sleeping on the water's edge. As he said in the poem: 'As a boy I roamed the woods/And I often slept by the spring/And I put my right arm under my head/They sounded like water slowly. 'He was a man in love with nature and he saw beauty in everything, but his childhood years were not so gentle with him. He had a stern father, who had sent him to a Ruthenian whip, where it was a real hell for children. The whip fed them corn boiled in milk, so that the hungry little ones stole apples, the poet remaining in a habit of eating this fruit greedily. He repeatedly stayed in the second grade and ran away from home, but was forced to be tied up and forcibly brought back. Despite this brutality, Eminovici continued his studies. He had a desire to get Blaj, which he did, but there he took it so hard that he slept in the straw through the stables and, he got tired of eating apples, thus affecting his health. Later he wrote his first poem entitled 'I would have it', a poem he signed with the name of Eminescu.

Although he was a very good writer, during his life, Eminescu was not appreciated enough, but for me he remains a clear example of perseverance and motivation of the gentle man who knows how to look beauty even where no one sees. The trials of life didn't discourage him, they even made him stronger and brought him where he wanted. Through his works he gave people warmth and love, love of nature, homeland and the world. I admire Mihai Eminescu very much, and he will remain immortal through his creations and the model of man he was.

Alexandra Busu

## **Writer: Edgar Allan Poe**

A few words about his life and work

Edgar Allan Poe was an American writer, poet, critic and editor best known for evocative short stories and poems that captured the imagination and interest of readers around the world. His imaginative storytelling and tales of mystery and horror gave birth to the modern detective story. Poe never really knew his parents, Elizabeth Arnold Poe, a British actress, and David Poe, Jr., an actor who was born in Baltimore. His father left the family early in Poe's life, and his mother passed away from tuberculosis when he was only three. Money was also an issue between Poe and John Allan. Poe went to the University of Virginia. He returned home only to face another personal setback, his neighbour and fiancée Sarah Elmira Royster had become engaged to someone else. Heartbroken and frustrated, Poe moved to Boston. Around the time he published his first book, Poe joined the U.S. Army. Later in his life, he started drinking. Drinking was in fact to be the bane of his life. In his own work, he demonstrated a brilliant command of language and technique as well as an inspired and original imagination. Poe made himself known not only as a superlative author of poetry and fiction, but also as a literary critic whose level of imagination and insight had hitherto been unapproached in American literature.

In my opinion, Poe went through a hard life. Not knowing his parents, having quarrels with his new father and his new mother's death made Poe think like this and he was stuck in his fictional world, where he discovers the macabre part. I think this is the main factor which made him write horror books. His books have a real success because are genuine. He never stopped dreaming and fulfilling his purpose but the course of life didn't helped him at all. His wife's death destroyed him and drinking also. He was a keen observer of human behaviour. He had a lot of insight into motives in others and in himself. He brought his observations of behaviour into his stories which are "chock full" of human foibles. Poe suffered many losses in his life but this didn't stopped him to write and try to fill his goal. I consider that Poe is an example for the most part, the part in which he worked hard and went through the hardship of his entire life and became kind of the man he wanted to be but I think he wasn't proud that alcohol dominated and destroyed him slowly.

In conclusion, considering everything I said, Edgar Allan Poe is an example of hard work and motivation to make his life better.

Sara Amelia Trușcă

**Scientist: Marie Curie**

A few words about her success in life

For me, Marie Curie is a model in life. She managed to overcome all the obstacles that were put in her way and got where she wanted. She overcame the devastating events to which she was subjected at an early age and managed to become the only woman to win two Nobel Prizes in two different scientific fields (physics and chemistry). The results obtained by it were amazing especially at a time when women had a hard time finding their place in science. As I inquired about her life, I found something she said when she was alive: *Less curious about people and more curious about ideas*. It seems to me that what she conveyed in a simple sentence is wonderful. I can say that I find myself in what she said. We should really focus more on the things we have to do and the ideas that come to us than on the people who come and the plate in our lives.

We should make it a priority in ourselves. Both in childhood and adolescence she liked to study about various things, even if at some point she did not have the same possibilities, but she managed to cope. One thing we have in common would be the pleasure of studying different things. She liked physics and chemistry, and I like history, art and everything related to the philosophical part of life. She leads a relatively normal life until the age of nine, when everything takes a completely different turn when her sister dies, followed by her mother after a while, and her father loses the job he had. I can say that I was completely impressed by the story of her life and the way in which a person can rise from the ground whenever needed.

In conclusion, I believe that Marie Curie is a role model in life, showing intelligence, strength of character, ambition and perseverance. A respect for everything she has done for humanity and the way she has gone through the hardships of life motivates me to do everything I can to get where I set out to be.

Ramona Babarelu

### ***"The Catcher in the Rye"***

**By J. D. Salinger**

"The Catcher in the Rye" tells the story of a 17-year-old boy named Holden Caulfield. It is established early on that Holden comes from a pretty wealthy family and that he has jumped around schools due to not applying himself. Actually, the story begins with Holden being expelled from Pencey Prep (a fictional private school in the fictional town of Agerstown, Pennsylvania) because the only subject on which he had a passing grade was English.

He was only supposed to go home on Wednesday but after a physical altercation with his roommate he decides to leave Pencey right that night. He catches a train to Manhattan, where his family lives, however, since his parents didn't know he had been expelled, there was no use in coming home early so he decides to stay at a hotel. Surely, he does eventually go home on Tuesday.

The main focus of the story resides in the description of Holden's view of the world. He doesn't particularly like anyone except for his little sister Phoebe and his late little brother Allie. Often he describes most people, including people his age, as being fake and overly self-indulging. While on his journey, he engages in all sorts of shenanigans, often pretending he's older in order to get his way and to do what he most desires.

From my point of view, as someone who has also contemplated running away as to achieve some sort of higher though fleeting liberty, he is using this escapism as a coping mechanism: Throughout the novel he feels depressed and alone and clearly shows some unresolved issues with Allie's passing and with his poor academic performance leading into the general dissatisfaction with society and with himself.

Afonso Monteiro

### ***"The Old Man and the Sea"***

**By Ernest Hemingway**

After reading *The Old Man and The Sea*, I chose two sentences with which I identify myself: "Now is no time to think of what you do not have. Think of what you can do with what there is." describes a little bit the idea I should follow in my life. This happens because I am a very pessimistic person, who thinks of a glass being half empty and not half full. I hope that one day I will be able to face life as Santiago sees his, and transform myself into a more positive person with faith and confidence. The other is "My big fish must be somewhere" because to me, the "big fish" is a metaphor for our dreams, the things that we desire to achieve in the future. There's always hope, and we need to believe in ourselves and in our abilities.

Catarina Pereira



***“Blindness”***  
**by José Saramago**

While I was reading this book, I felt several emotions: I was curious and excited because I always wanted to read a book by José Saramago, who is a very famous author worldwide.

The book by itself was very interesting. It is basically a book where almost everyone goes blind. I was also shocked by the way the narrative flows so fast and by the way the characters handle with the precipitation of the events. As a reader, you can feel their own feelings and emotions.

The author's writing by itself is something marvelous.

It is also really exciting to see that the only person who doesn't lose her sight is the doctor's wife who has to become a leader and deal with multiple challenging situations.

Raquel Melo

***“Vanessa puts up a fight”***  
**By Luísa Costa Gomes**

The book I read is about a girl who wanted to play with 'toys for boys', but her mother didn't like that idea. She was always telling her 'Vanessa, girls have to play with toys for girls and boys with toys for boys'.

The book, a theatre play, shows how she fought for what she believed in, although her parents were always telling her to be someone she wasn't. Her parents finally understood her and gave her the toy she had always asked for: a machine gun. I felt her anger, her excitement, her bravery and her frustration, because she was fighting against the preconceived ideas, which is very difficult.

In my opinion, we don't have to care about what the others think about us; we have to be happy and be ourselves.

Érica Botelho

“Surround yourself with people who motivate you to keep working”

➤ **Name: Margarita Salas Falgueras. (1938-2020).**

Spanish scientist, medical researcher, and author in the fields of biochemistry and molecular genetics.

- Personality/character. She was a kind woman, hardworking and persistent.
- Hardships of life, becoming a well-known writer, engineer, doctor etc. Her husband moved away from the research team so that Margarita could introduce her work and keep on with it.
- Sentences about what we have learnt from the biography, if it was a good lesson for them, an example for their future life
  1. If you have a dream, go for it!!
  2. I wish we could enjoy our work until the end of our days.
  3. Don't give up, be persistent in your work.
  4. Surround yourself with people who motivate you to keep working.
  5. Trust yourself!



➤ **Name: Fernán Caballero / Cecilia Böhl Faber. (1796-1877) Writer.**

- Personality/character. She had signs of rebellion. She used a man pseudonym to have her books published.
- Hardships of life, becoming a well-known writer, engineer, doctor etc. In her time, women could not publish books and had to sign them with a male name.
- Sentences about what we have learnt from that biography.
  1. You always have to say your ideas even if you can't!!
  2. I wish we could enjoy our work until the end of our days.
  3. You have to be brave in all difficult situations in life.



“No matter how many difficulties you have, you have to plan your force in the most ingenious ways”.

➤ **Name: María Caballero Cobos.**

- Personality/character. She is an enterprising and constant person because she always finds a way to make herself known through conferences and videoconferences, and she always achieves her goals. She is also a defender of equality between people, regardless of their race, gender or their conditions.



- Hardships of life, becoming a well-known writer, engineer, doctor etc. One of the problems that has been presented to María Caballero is the invisibility in front of her own school. That is, the difficulties she has had when it comes to making herself known, both herself and her methods. She had solved this by holding online conferences. Another problems she had to face was she was not able to publish her books. However, she was lucky that one of her best publishers believed in her books.
- Sentences about what they have learnt from that biography, if it was a good lesson for them, an example for their future life.

With María Caballero we have learned that although we have obstacles, when it comes to achieving our goals, there are always many ways to overcome them and achieve our goals.

1. Freedom is learnt by exercising it.
2. The fight could be hard, but the victory will be worth it.
3. In a world of men, create your own space.
4. You can always move on and fight for what you want.

“The fight could be hard, but the victory will be worth it”.

➤ **Name: María Zambrano (1904-1991).** Spanish essayist and philosopher associated with the '36 generation movement.

- Personality/character. Since she was little, she was very intelligent, a girl very advanced for her age. A great thinker and a philosopher from here. Also different circumstances of her life made her be a fighter in that patriarchal society.
- Hardships of life, becoming a well-known writer, engineer, doctor etc. She lived in a cultured environment. She had mostly political problems in a macho and old-fashioned Spain. In her writings she reflected the struggle for equal rights among people.
- Sentences about what they have learnt from that biography, if it was a good lesson for them, an example for their future life

1. “You have to have failures to be successful”.
2. “I prefer dangerous freedom to quiet servitude”
3. “You do not go from the possible to the real, but from the impossible to the true”.

“You have to have failures to be successful”.

➤ **Name: Clara Campoamor. (1888-1972)**

➤ Personality/character. Her name resonates in the hearts of Spanish women for her example of courage, idealism, constant dedication, and the patience necessary for the development of her strategy.

➤ Hardships of life, becoming a well-known writer, engineer, doctor etc. She was a lawyer, writer, politician and defender of the rights of Spanish women. She created the Unión Republicana Femenina and was one of the main promoters of women's suffrage in Spain. Due to the Civil War she had to flee from Spain and finally died in exile in Switzerland.



➤ Sentences about what they have learnt from that biography, if it was a good lesson for them, an example for their future life.

She was involved in a debate where she had to confront ideas that annulled women and considered them a second or third level citizen. Clara gave a speech prior to the vote, which was described as brilliant, compared to the position of Victoria Kent, who believed that women deserved the right to vote but were not yet socially prepared to exercise it.

The comrades of her own party, who had declared themselves in favour of equality, left her alone.

She managed to enter University as the second woman to join the Colegio de Abogados de Madrid.

1. Even if you have difference ideologies, fight for them.

“Even if you have difference ideologies, fight for them”

**Giacomo Leopardi** suffered for all his life. He only could survive thanks to his poetry and seeking consolation in reading books.

Prisoner in the gilded cage of Palazzo Leopardi, monitored by his father Monaldo and almost ignored by his mother Adelaide, from an early age the poet had been eating books to the point of remaining malformed. Those who consider him a sort of "bookworm", constantly living among dusty papers, are unaware that, with the ardor of his lyrics, Leopardi will even go so far as to inspire the volunteers of the Second War of Independence, so much so that - in 1859, twenty years after the poet's death - they used to say: "In the Church with Manzoni, at war with Leopardi".

He was a resilient man who fought against bullying and failures despite being abandoned by his family.

Christian Selvaggi

I think that **Giacomo Leopardi** was a complex soul, torn between the desire to live and the cosmic pain due to the suffering of his condition. A dualism that tore him apart but which was also the engine of his poetic creation. He was saved by literature, by writing lyrics and his resilience is shown in his capability not to give up writing in spite of his parents being against his desire of living as a writer.

Andrea Bari

I admire **Giacomo Leopardi** because although he was a tormented soul that he was vibrant with passion for Art, but above all - unlike those who consider him a being damned by his own deformity – he was pervaded by an immense desire to live.

Mattia Somma

**Giacomo Leopardi** had to overcome many obstacles, above all, his fragile health and his deformity.

Poetry helped him cope with depression and anxiety and he found a reason to go on because he could transmit his joy of living in his lyrics.

Only by reading his lyrics you can really understand how hard he tried to feel emotions like a normal man. I never considered this poet under this point of view, I can understand now the importance of knowing about his background to really catch the meaning of his lyrics.

Lorenzo Cavallo

I think that **Ezio Bosso** was the perfect and unachievable example of a resilient man and artist. The love of music has accompanied him since, as a child, while others played, he tried to play whatever he had at hand, and he has not left him even when a brain cancer and a degenerative disease have wiped out all information learned in forty years of life, forcing him to learn everything from scratch: move, think, speak, and do it with music. Nobody could ever deal with such a tragedy with the same strength and joy as Ezio Bosso has showed.

Giulia Chiffi

**Ezio Bosso** had to cope with two serious diseases, the last one was lethal. He had always known he would die soon but he never gave up. Resilience is the capability of recovering quickly from difficulties and his life was a proof of it. He went on playing and composing music until the end of his days despite the incapability of standing, walking and moving his fingers correctly.

Giuseppe Pranzo

**Ezio Bosso** was able to adapt to the tragedy of his life turning it into joy and life. He went on playing music because he wanted to show people that nothing is impossible and that art can help overcome our limits.

He couldn't move but when he was in front of a piano he succeeded in playing it as he wasn't affected by the deadly syndrome.

He was a resilient artist inspired by the idea that art could make him alive even after his death.

Giuseppe Lubrano



This final result of the project was realized with the help of the teams of the project with the following coordinators:

Nicolae Loghinaş (Romania)  
Regina Pinto (Portugal)  
Ana Raquel Mendoza (Spain)  
Valentina Fiorito (Italy)  
Anastasia Patera (Greece)



Erasmus+ project  
2019 – 2022

**Literature – a Framework for Social and Emotional Learning**  
Nr. 2019-1-RO01-KA229-063933\_1

The European Commission support for the production of this publication does not constitute an endorsement of the contents which reflects the views only of the authors, and the National Agency and Commission cannot be held responsible for any use which may be made of the information contained therein